

| Books / Book Chapters | Research Articles<br>(Summary Statistics)                                                                                                                                                                                                                                      | Projects / Consultancy |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| --                    | <b>Total:</b> 2 articles (both in 2025)<br><b>Journals indexed in:</b> Sanskrit International Multidisciplinary Research Journal, International Journal of Social Impact<br><b>Themes:</b> Perceived social support & resilience, psychological well-being & suicidal thoughts | --                     |