

Books / Book Chapters	Research Articles (Summary Statistics)	Projects / Consultancy
--	Total: 3 articles (2024–2026) Journals indexed in: IJHSSBMC (Impact Factor 8.5), Sanskrit International Multidisciplinary Research Journal (Impact Factor 6.225), IJIP Themes: Aggression among govt. & private employees, academic stress & achievement, psychological hardiness & mental health	--